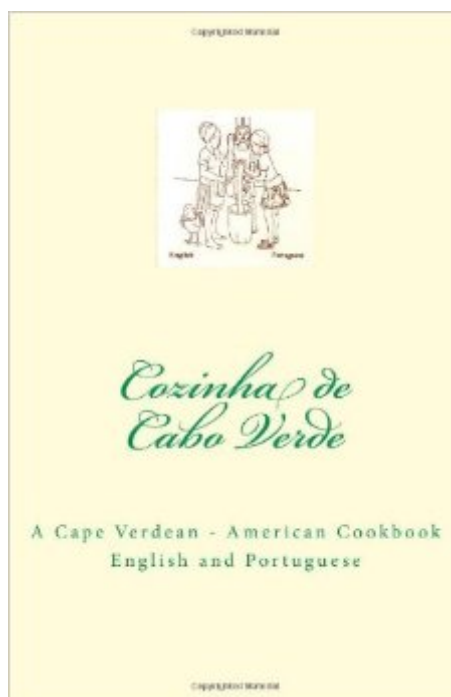


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# Cozinha De Cabo Verde: A Cape Verdean - American Cookbook



## Synopsis

This is a Cape Verdean cookbook published in both English and Portuguese. The original cookbook was published in July of 1990 and was dedicated to all the Cape Verdean merchant marine cooks both living and deceased. It has been through the superb cooking of our Merchant Seaman that the Cape Verdean Cuisine has become well known and enjoyed all over the world .

## Book Information

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Average Customer Review: 4.1 out of 5 stars [See all reviews](#) (15 customer reviews)

Best Sellers Rank: #840,220 in Books (See Top 100 in Books) #27 in [Books > Cookbooks, Food & Wine > Regional & International > European > Portuguese](#)

## Customer Reviews

i was disappointed by the way the book was put together, first the pages were photocopied, some pages were hard to read because they were too light. the printing was faded in some areas. no doubt the recipes are probably family treasures, i just wish that they were published better. there was no problem with the cover of the book, should of stayed on that format to get the same quality., especially for what you charge for the book,

As a first-generation Cape Verdean living far away from our USA home of southern New England, I am definitely content with this book. The recipes can sometimes be a little odd to follow because of their obscurity, but I would like to believe the vagueness on measurements and ingredients is the same flexibility Cape Verdeans use in their dishes anyway. I've already made a few dishes from this book and they turned out okay despite first attempts. It'll take a little getting used to for perfection, but practice makes perfect.

My husband is Cape Verdean. I always wanted to impress him with dishes from his country, so this is a start. Another reviewer indicated the book is a copy; that's correct. The author might want to

reprint the book. I recipes are written in both languages which is great. I'm learning some of the words so that I can impress my mother-in-law. All in all great book for anyone needing a Cape Verdean recipe.

It gets five stars from me. There is a wealth of appetizing recipes, both main courses and desserts. Drinks are not missing either. The recipes are realistic to make and flexible. There is always margin for some small changes, you can opt for omitting an ingredient and can adjust to what is available where you are. It is also interesting culturally. Some recipes resemble others from the Lusophone world, like cachupa, very much like feijoada in Portugal and Brazil.

Such a great little find! Authentic Cape Verdean recipes that remind me of my grandmothers cooking.. Easy to follow recipes, photos and history which brings life to those with family from the Island. Can't wait to make the cachupa!

I BOUGHT THIS FOR A FRIEND OF MINE. HER FAMILY IS FROM CAPE VERDE. SHE WAS SO SUPRIZED TO RECIEVE IT.SHE TOLD ME HER AUNTS.UNCLES.COUSINS & FRIENDS ALL WROTE RECIPES IN THIS BOOK . SHE ALSO TOLD ME SHE LOVED SEEINGTHE PICTURES OF RELATIVES SHE HAD'NT SEEN SINCE SHE WAS A LITTLE GIRL. IF YOU ARE FROM CAPE VERDE YOU'LL LOVE THIS BOOK & IF YOU LOVE HISTORY YOU'LL LOVE THIS BOOK.ALSO THE RECIPES ARE VERY ATHENTIC.

The recipes are easy to follow and oh so tasty. Real comfort and nutritious food. Next time you are invited to a potluck party try one of these recipes and you will receive many compliments.

Some of the recipes are hard to read and there are a bunch of dishes that I wish were in the book. Its hard finding cookbooks on this type of cuisine.

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